

## FITA ANTI-DOPING RULES

This document is a copy of Appendix 5 of the 2004 edition of the FITA C&R Book. The document underlines FITA's support of WADA its fight against Doping. Following the Congress decision in New York in 2003 to adopt the World Anti-Doping Code these rules adjust the Code to the sport of Archery.

The following new rules refer to the 'FITA Anti-Doping' Rules as laid down in Appendix5 (see pages 93 and following). Particular attention should be paid to Article 20 of these rules: 'The FITA Anti-Doping Agreement'.

### 2.1 ADMISSION

2.1.5 No athlete or official who has been declared ineligible may, during the period of ineligibility, participate in any capacity in an Event or activity authorized or organized by FITA or any Member Association.

### 2.2 ELIGIBILITY CODE (see Appendix7 of Book1)

2.2.2 Athletes will refrain from using substances and procedures prohibited by the laws of FITA, the IOC and WADA and will respect and comply in all aspects with the FITA and the World Anti-Doping Code.

### 2.3 MEDICAL PROVISIONS (see Appendix5 of Book1)

2.3.1 Athletes competing in or preparing for Championships, Games, International and National Tournaments recognized, controlled and directed by FITA must agree to submit to a duly authorized doping control or any other medical test or examination decided by FITA.

2.3.2 The FITA medical provisions are intended to safeguard the health of the athlete, and to ensure respect for the ethical concepts implicit in fair play, the Olympic spirit and medical practice.

2.3.3 All participants in FITA Championships and International Tournaments have a right to medical care, to at least the standard received in the home country.

### 3.7 ENTRIES (see Appendix8.1 - 8 of Book1 – Entry forms)

3.7.2 The submission of entry forms implies a declaration that the MA is in good standing (see Appendix1 of Book1, article 3.1.6 definition) and that all athletes' and officials' expenses will be covered by the respective Member Association in case of illness or accident. All athletes and officials must have signed the FITA Anti-Doping

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Agreement (see Appendix 5 to Book1, article 20). If this is not the case, athletes from that Member Association will not be eligible to compete in the Championship.

## **OLYMPIC CHARTER RULE 45 ELIGIBILITY CODE**

(From the Olympic Charter 2003 Edition)

To be eligible for participation in the Olympic Games, a competitor, coach, trainer or official must comply with the Olympic Charter as well as with the rules of the International Federation concerned as approved by the International Olympic Committee and the athlete, coach or trainer must be entered by his National Olympic Committee. The above noted persons must notably:

- Respect the spirit of fair play and non violence, and behave accordingly on the sportsfield;
- Respect and comply in all aspects with the World Anti-Doping Code.

### **BYE-LAW TO RULE 45**

1. Each International Federation establishes its sport's own eligibility criteria in accordance with the Olympic Charter. Such criteria must be submitted to the International Olympic Committee Board for approval.
2. The application of the eligibility criteria lies with the International Federations, their affiliated national federations and the National Olympic Committees in the fields of their respective responsibilities.
3. Except as permitted by the IOC Executive Board, no athlete, coach, trainer or official who participate in the Olympic Games may allow his person, name, picture or sports performances to be used for advertising purposes during the Olympic Games.
4. The entry or participation of an athlete in the Olympic games shall not be conditional on any financial consideration.

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## APPENDIX 5

**ANTI-DOPING RULES (new)**

**(see Chapter 2 of Book1; article 2.3)**

The following rules are subject to changes of the World Anti Doping Code, the lists published in the C&R Book are guidelines; please refer to the updated lists as approved by WADA (see: [www.wada-ama.org](http://www.wada-ama.org) → 'prohibited list')

Please refer to Article 19 of this Appendix for the **definition** of technical terms.

**INTRODUCTION****Preface**

At the 2003 FITA Congress held in New York, FITA adopted the World Anti-Doping Code (the "Code"). These Anti-Doping Rules are adopted and implemented in conformance with FITA's responsibilities under the *Code*, and are in furtherance of FITA's continuing efforts to eradicate doping in the sport of Archery.

Anti-Doping Rules, like Competition rules, are sport rules governing the conditions under which sport is played. Athletes accept these rules as a condition of participation. Anti-Doping Rules are not intended to be subject to or limited by the requirements and legal standards applicable to criminal proceedings or employment matters. The policies and minimum standards set forth in the Code and implemented in these Anti-Doping Rules represent the consensus of a broad spectrum of stakeholders with an interest in fair sport and should be respected by all courts and adjudicating bodies.

**Fundamental Rationale for the Code and FITA's Anti-Doping Rules**

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as "the spirit of sport"; it is the essence of Olympism; it is how we play true. The spirit of sport is the celebration of the human spirit, body and mind, and is characterized by the following values:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws

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- Respect for self and other participants
- Courage
- Community and solidarity

Doping is fundamentally contrary to the spirit of sport.

### **FITA's Anti-Doping History**

FITA actively has been fighting against doping since and has been always at the forefront. FITA has been one of the first to test for alcohol in a systematic way. FITA in 1998 introduced Out of Competition testing and in 1999 was the first IF to have WADA conduct its Out of Competition testing.

### **Scope**

These Anti-Doping Rules shall apply to FITA, each Member Association and Continental Association of FITA, and each Participant involved in the activities of FITA or any of its affiliated Member Associations and Continental Associations, by virtue of the Participant's membership, accreditation, or participation in FITA, its Member Associations, Continental Associations, or their activities, International Events or Events.

For FITA, International Events are defined as:

- Competition for World and Continental titles,
- Competition for Olympic titles,
- Competition for World Ranking,
- Olympic Qualification Events (Continental Qualifying Tournaments),
- Archery events of Major Event Organizations,
- And any other Event for which FITA is the ruling body or appoints technical officials.

All athletes entering the FITA Registered Testing Pool and all athletes being eligible for participation in FITA World Championship Events must have personally signed the FITA Anti-Doping Agreement form in Article 20, in the actual form approved by the FITA Executive Committee. All forms from Minor applicants must be counter-signed by their legal guardians.

It is the responsibility of each Member Association to ensure that all national-level Testing on the Member Association's Athletes complies with these Anti-Doping Rules. In some cases, the Member Association itself will be conducting the Doping Control described in these Anti-Doping Rules. In other countries, many of the Doping Control responsibilities of the Member Association have been delegated or assigned by statute to a National Anti-Doping Organization. In those countries, references in these Anti-Doping Rules to the Member Association shall apply, as applicable, to the Member Association's National Anti-Doping Organization.

These Anti-Doping Rules shall apply to all Doping Controls over which FITA and its Member Associations and Continental Associations have jurisdiction.

**1 DEFINITION OF DOPING**

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.8 of these Anti-Doping Rules.

**2 ANTI-DOPING RULE VIOLATIONS**

The following constitute anti-doping rule violations:

**2.1 The presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's bodily Specimen**

2.1.1 It is each Athlete's personal duty to ensure that no Prohibited Substance enters his or her body. Athletes are responsible for any Prohibited Substance or its Metabolites or Markers found to be present in their bodily Specimens. Accordingly, it is not necessary that intent, fault, negligence or knowing Use on the Athlete's part be demonstrated in order to establish an anti-doping violation under Article 2.1.

2.1.2 Excepting those substances for which a quantitative reporting threshold is specifically identified in the Prohibited List, the detected presence of any quantity of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample shall constitute an anti-doping rule violation.

2.1.3 As an exception to the general rule of Article 2.1, the Prohibited List may establish special criteria for the evaluation of Prohibited Substances that can also be produced endogenously.

**2.2 Use or Attempted Use of a Prohibited Substance or a Prohibited Method**

The success or failure of the Use of a Prohibited Substance or Prohibited Method is not material. It is sufficient that the Prohibited Substance or Prohibited Method was Used or Attempted to be Used for an anti-doping rule violation to be committed.

**2.3 Refusing to submit to Sample collection**

Refusing or failing without compelling justification, to submit to Sample collection after notification as authorized in these Anti-Doping Rules or otherwise evading Sample collection.

**2.4 Violation of availability for Out-of-Competition Testing**

Violation of the requirements regarding Athlete availability for Out-of-Competition Testing including failure to provide required whereabouts information set forth in Article 5.5 (Athlete whereabouts requirements) and missed tests, which are declared based on reasonable rules.

**2.5 Tampering of Doping Control**

Tampering, or Attempting to tamper, with any part of Doping Control.

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### **2.6 Possession of Prohibited Substances and Methods**

- 2.6.1 Possession by an Athlete at any time or place of a substance that is prohibited in Out-of-Competition Testing or a Prohibited Method unless the Athlete establishes that the Possession is pursuant to a therapeutic use exemption granted in accordance with Article 4.4 (Therapeutic Use) or other acceptable justification.
- 2.6.2 Possession of a Prohibited Substance that is prohibited in Out-of-Competition Testing or a Prohibited Method by Athlete Support Personnel in connection with an Athlete, Event or training, unless the Athlete Support Personnel establishes that the Possession is pursuant to a therapeutic use exemption granted to an Athlete in accordance with Article 4.4 (Therapeutic Use) or other acceptable justification.

### **2.7 Trafficking in any Prohibited Substance or Prohibited Method.**

### **2.8 Administration of a Prohibited Substance**

Administration or Attempted administration of a Prohibited Substance or Prohibited Method to any Athlete, or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any Attempted violation.

## **3 PROOF OF DOPING**

### **3.1 Burdens and Standards of Proof**

FITA and its Member Associations shall have the burden of establishing that an anti-doping rule violation has occurred. The standard of proof shall be whether FITA or its Member Associations has established an anti-doping rule violation to the comfortable satisfaction of the hearing body bearing in mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Rules place the burden of proof upon the Athlete or other Person alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, the standard of proof shall be by a balance of probability.

### **3.2 Methods of Establishing Facts and Presumptions**

Facts related to anti-doping rule violations may be established by any reliable means, including admissions. The following rules of proof shall be applicable in doping cases:

- 3.2.1 WADA-accredited laboratories are presumed to have conducted Sample analysis and custodial procedures in accordance with the International Standard for laboratory analysis. The Athlete may rebut this presumption by establishing that a departure from the International Standard occurred.

If the Athlete rebuts the preceding presumption by showing that a departure from the International Standard occurred, then FITA or its Member Association shall

have the burden to establish that such departure did not cause the Adverse Analytical Finding.

- 3.2.2 Departures from the International Standard for Testing which did not cause an Adverse Analytical Finding or other anti-doping rule violation shall not invalidate such results. If the Athlete establishes that departures from the International Standard occurred during Testing then FITA or its Member Association shall have the burden to establish that such departures did not cause the Adverse Analytical Finding or the factual basis for the anti-doping rule violation.

## **4 THE PROHIBITED LIST**

### **4.1 Incorporation of the Prohibited List**

These Anti-Doping Rules incorporate the Prohibited List which is published and revised by WADA as described in Article 4.1 of the Code. FITA will make the current Prohibited List available to each Member Association, and each Member Association shall ensure that the current Prohibited List is available to its members and constituents. The Prohibited List in force is available on WADA's website at [www.wada-ama.org](http://www.wada-ama.org).

### **4.2 Prohibited Substances and Prohibited Methods Identified on the Prohibited List**

Unless provided otherwise in the Prohibited List and/or a revision, the Prohibited List and revisions shall go into effect under these Anti-Doping Rules three months after publication of the Prohibited List by WADA without requiring any further action by FITA. As described in Article 4.2 of the Code, FITA may upon the recommendation of its Medical Committee request that WADA expand the Prohibited List for the sport of Archery or certain disciplines within the sport of Archery. FITA may also upon the recommendation of its Medical Committee request that WADA include additional substances or methods, which have the potential for abuse in the sport of archery, in the monitoring program described in Article 4.5 of the Code. As provided in the Code, WADA shall make the final decision on such requests by FITA.

### **4.3 Criteria for Including Substances and Methods on the Prohibited List**

As provided in Article 4.4.3 of the Code, WADA's determination of the Prohibited Substances and Prohibited Methods that will be included on the Prohibited List shall be final and shall not be subject to challenge by an Athlete or other Person.

### **4.4 Therapeutic Use**

- 4.4.1 Athletes with a documented medical condition requiring the use of a Prohibited Substance or a Prohibited Method must first obtain a Therapeutic Use Exemption ("TUE").

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- 4.4.2 Athletes included by FITA in its Registered Testing Pool and other Athletes prior to their participation in any International Event must obtain a TUE from FITA (regardless of whether the Athlete previously has received a TUE at the national level). TUEs granted by FITA shall be reported to the Athlete's Member Association and to WADA. Other Athletes subject to Testing must obtain a TUE from their National Anti-Doping Organization or other body designated by their Member Association. Member Associations shall promptly report any such TUEs to FITA and WADA.
- 4.4.3 The FITA Executive Committee shall appoint a panel of physicians on recommendation of the FITA Medical Committee to consider requests for TUEs (the "TUE Panel"). Upon FITA's receipt of a TUE request, the Chair of the TUE Panel shall appoint one or more members of the TUE Panel (which may include the Chair) to consider such request. The TUE Panel member(s) so designated shall promptly evaluate such request in accordance with the International Standard for Therapeutic Use Exemptions and render a decision on such request, which shall be the final decision of FITA.
- 4.4.3.1 International-Level Athletes who are included in the FITA's Registered Testing Pool, must apply to FITA for the TUE at the same time the Athlete first provides whereabouts information to the FITA and, except in emergency situations, no later than 21 days before the Athlete's participation at an International Event.
- 4.4.3.2 Athletes participating in International Events who are not included in the FITA Registered Testing Pool must, except in emergency situations, request a TUE from FITA no later than 21 days before the Athlete's participation at an International Event.
- 4.4.3.3 Notification may be by fax or by e-mail but must be confirmed by letter. The FITA TUE Panel will take a decision within 10 days from receipt at the FITA Office.
- 4.4.4 WADA, at the request of an Athlete or on its own initiation, may review the granting or denial of any TUE to an International Level Athlete or a national level Athlete that is included in a Registered Testing Pool. If WADA determines that the granting or denial of a TUE did not comply with the International Standard for Therapeutic Use Exemptions in force at the time then WADA may reverse that decision. Decisions on TUE's are subject to further appeal as provided in Article 13.  
(see: [www.wada-ama.org](http://www.wada-ama.org) → International Standard for Therapeutic Use Exemption)

**4.5 The Prohibited List**

The Prohibited List reprinted here is a copy of 'Part Two and Part Three of the World Anti-Doping Code International Standard for the Prohibited List. It is valid as of 1<sup>st</sup>, January 2004. Since this current list is subject to changes by WADA, please check on WADA's website: [www.wada-ama.org](http://www.wada-ama.org) for the most recent version of the list.

(The structure of the original text has been maintained to facilitate orientation)

**PART TWO**
**SUBSTANCES AND METHODS  
PROHIBITED IN-COMPETITION**
**PROHIBITED SUBSTANCES****S1. STIMULANTS**

The following stimulants are prohibited, including both their optical (D- and L-) isomers where relevant:

*Adrafinil, amfepramone, amiphenazole, amphetamine, amphetaminil, benzphetamine, bromantan, carphedon, cathine\**, *clobenzorex, cocaine, dimethylamphetamine, ephedrine\*\**, *etilamphetamine, etilefrine, fencamfamin, fenetylline, fenfluramine, fenproporex, furfenorex, mefenorex, mephentermine, mesocarb, methamphetamine, methylamphetamine, methylenedioxyamphetamine, methylenedioxymethamphetamine, methylephedrine\*\**, *methylphenidate, modafinil, nikethamide, norfenfluramine, parahydroxyamphetamine, pemoline, phendimetrazine, phenmetrazine, phentermine, prolintane, selegiline, strychnine, and other substances with similar chemical structure or similar pharmacological effects\*\*\**.

- \* *Cathine is prohibited when its concentration in urine is greater than 5 micrograms per millilitre.*
- \*\* Each of **ephedrine** and **methylephedrine** is prohibited when its concentration in urine is greater than 10 micrograms per millilitre.
- \*\*\* The substances included in the 2004 Monitoring Program are not considered as Prohibited Substances.

**S2. NARCOTICS**

The following narcotics are prohibited:

*buprenorphine, dextromoramide, diamorphine (heroin), hydromorphone, methadone, morphine, oxycodone, oxymorphone, pentazocine, pethidine.*

**S3. CANNABINOIDS**

Cannabinoids (e.g. hashish, marijuana) are prohibited.

### **S4. ANABOLIC AGENTS**

Anabolic agents are prohibited.

#### **1. Anabolic Androgenic Steroids (AAS)**

- a. **Exogenous**<sup>\*</sup> AAS including but not limited to:  
*androstadienone, bolasterone, boldenone, boldione, clostebol, danazol, dehydrochloromethyltestosterone, delta1-androstene-3,17-dione, drostanolone, drostanediol, fluoxymesterone, formebolone, gestrinone, 4-hydroxytestosterone, 4-hydroxy-19-nortestosterone, mestenolone, mesterolone, methandienone, metenolone, methandriol, methyltestosterone, mibolerone, nandrolone, 19-norandrostenediol, 19-norandrostenedione, norbolethone, norethandrolone, oxabolone, oxandrolone, oxymesterone, oxymetholone, quinbolone, stanozolol, stenbolone, 1-testosterone (delta1-dihydro-testosterone), trenbolone, tetrahydrogestrinone (THG), and their analogues*<sup>#</sup>.
- b. **Endogenous**<sup>\*\*</sup> AAS including but not limited to:  
*androstenediol, androstenedione, dehydroepiandrosterone (DHEA), dihydrotestosterone, testosterone and their analogues*<sup>#</sup>.

*Where a Prohibited Substance (as listed above) is capable of being produced by the body naturally, a Sample will be deemed to contain such Prohibited Substance where the concentration of the Prohibited Substance or its metabolites or markers and/or any other relevant ratio(s) in the Athlete's Sample so deviates from the range of values normally found in humans so as not to be consistent with normal endogenous production. A Sample shall not be deemed to contain a Prohibited Substance in any such case where the Athlete proves by evidence that the concentration of the Prohibited Substance or its metabolites or markers and/or the relevant ratio(s) in the Athlete's Sample is attributable to a pathological or physiological condition. In all cases, and at any concentration, the laboratory will report an adverse finding if, based on any reliable analytical method, it can show that the Prohibited Substance is of exogenous origin.*

*If the laboratory result is not conclusive and no concentration as referred to in the above paragraph is found, the relevant Anti-Doping Organization shall conduct a further investigation if there are serious indications, such as a comparison to reference steroid profiles, for a possible Use of a Prohibited Substance.*

*If the laboratory has reported the presence of a T/E ratio greater than six (6) to one (1) in the urine, further investigation is obligatory in order to determine whether the ratio is due to a physiological or pathological condition.*

*In both cases, the investigation will include a review of any previous tests, subsequent tests and/or results of endocrine investigations. If previous tests are not available, the Athlete*

shall undergo an endocrine investigation or be tested unannounced at least three times within a three-month period.

Failure of the Athlete to co-operate in the investigations will result in considering the Athlete's Sample to contain a Prohibited Substance.

## 2. Other Anabolic Agents

*Clenbuterol, zeranol.*

*For purposes of this section:*

\* **“exogenous”** refers to a substance which is not capable of being produced by the body naturally.

\*\* **“endogenous”** refers to a substance which is capable of being produced by the body naturally.

# an **“analogue”** is defined as "a substance derived from the modification or alteration of the chemical structure of another substance while retaining a similar pharmacological effect."

## S5. PEPTIDE HORMONES

The following substances are prohibited, including their mimetics\*, analogues# and releasing factors:

1. **Erythropoietin (EPO);**
2. **Growth hormone (hGH) and Insulin-like Growth Factor (IGF-1);**
3. **Chorionic Gonadotrophin (hCG)** prohibited in males only;
4. **Pituitary and synthetic gonadotrophins (LH)** prohibited in males only;
5. **Insulin;**
6. **Corticotrophins.**

*Unless the Athlete can demonstrate that the concentration was due to a physiological or pathological condition, a Sample will be deemed to contain a Prohibited Substance (as listed above) where the concentration of the Prohibited Substance or its metabolites and/or relevant ratios or markers in the Athlete's Sample so exceeds the range of values normally found in humans so as not to be consistent with normal endogenous production.*

*The presence of analogues, mimetics, diagnostic marker(s) or releasing factors of a hormone listed above or of any other finding which indicate(s) that the substance detected is not the naturally present hormone, will be reported as an adverse analytical finding.*

*For purposes of this section:*

\* a **“mimetic”** is defined as a substance with pharmacological effect similar to that of another substance, regardless of the fact that it has a different chemical structure.

# an **“analogue”** is defined as "a substance derived from the modification or alteration of the chemical structure of another substance while retaining a similar pharmacological effect."

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### **S6. BETA-2 AGONISTS**

*All beta-2 agonists including their D- and L- isomers are prohibited except that formoterol, salbutamol, salmeterol and terbutaline are permitted by inhalation only to prevent and/or treat asthma and exercise-induced asthma/broncho-constriction. A medical notification in accordance with section 8 of the International Standard for Therapeutic Use Exemptions is required.*

Despite the granting of a TUE, when the Laboratory has reported a concentration of salbutamol (free plus glucuronide) greater than 1000 ng/mL, this will be considered as an adverse analytical finding unless the athlete proves that the abnormal result was the consequence of the therapeutic use of inhaled salbutamol.

### **S7. AGENTS WITH ANTI-OESTROGENIC ACTIVITY**

**Aromatase inhibitors, clomiphene, cyclofenil, tamoxifen** are prohibited only in males.

### **S8. MASKING AGENTS**

Masking agents are prohibited. They are products that have the potential to impair the excretion of *Prohibited Substances*, to conceal their presence in urine or other *Samples* used in doping control, or to change haematological parameters.

Masking agents include but are not limited to:

***Diuretics***\*, ***epitestosterone, probenecid, plasma expanders (e.g. dextran, hydroxyethyl starch.)***

\* A medical approval in accordance with section 7 of the International Standard for Therapeutic Use Exemptions is not valid if an *Athlete's* urine contains a diuretic in association with threshold or sub-threshold levels of a *Prohibited Substance(s)*.

Diuretics include :

***acetazolamide, amiloride, bumetanide, canrenone, chlortalidone, etacrynic acid, furosemide, indapamide, mersalyl, spironolactone, thiazides (e.g. bendroflumethiazide, chlorothiazide, hydrochlorothiazide) and triamterene, and other substances with similar chemical structure or similar pharmacological effects.***

### **S.9 GLUCOCORTICOSTEROIDS**

Glucocorticosteroids are prohibited when administered orally, rectally, or by intravenous or intramuscular administration.

All other administration routes require a medical notification in accordance with section 8 of the International Standard for Therapeutic Use Exemptions.

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## PROHIBITED METHODS

### **M1. ENHANCEMENT OF OXYGEN TRANSFER**

The following are prohibited:

a Blood doping. Blood doping is the use of autologous, homologous or heterologous blood or red blood cell products of any origin, other than for legitimate medical treatment.

b The *Use* of products that enhance the uptake, transport or delivery of oxygen, e.g. erythropoietins, modified haemoglobin products including but not limited to haemoglobin-based blood substitutes, microencapsulated haemoglobin products, perfluorochemicals, and efaproxiral (RSR13).

### **M2. PHARMACOLOGICAL, CHEMICAL AND PHYSICAL MANIPULATION**

Pharmacological, chemical and physical manipulation is the *Use* of substances and methods, including masking agents, which alter, attempt to alter or may reasonably be expected to alter the integrity and validity of specimens collected in doping controls.

These include but are not limited to catheterisation, urine substitution and/or tampering, inhibition of renal excretion and alterations of testosterone and epitestosterone concentrations.

### **M3. GENE DOPING**

Gene or cell doping is defined as the non-therapeutic use of genes, genetic elements and/or cells that have the capacity to enhance athletic performance.

<h2 style="text-align: center;">SUBSTANCES AND METHODS PROHIBITED IN- AND OUT-OF-COMPETITION</h2>
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## PROHIBITED SUBSTANCES

(All categories listed hereunder refer to all those substances and methods listed in the relevant section)

- S4. ANABOLIC AGENTS**
- S5. PEPTIDE HORMONES**
- S6. BETA-2 AGONISTS\***
- S7. AGENTS WITH ANTI-OESTROGENIC ACTIVITY**
- S8. MASKING AGENTS**

(\*Only clenbuterol, and salbutamol when its concentration in urine is greater than 1000ng/mL)

**PROHIBITED METHODS**

- M1. ENHANCEMENT OF OXYGEN TRANSFER**  
**M2. PHARMACOLOGICAL, CHEMICAL AND PHYSICAL MANIPULATION**  
**M3. GENE DOPING**

<b>SUBSTANCES PROHIBITED IN PARTICULAR SPORTS</b>
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**P.1 ALCOHOL**

Alcohol (ethanol) is prohibited *in-Competition* only, in the following sports. Detection will be conducted by breath analysis and/or blood. The doping violation threshold for each Federation is reported in parenthesis. If no threshold is indicated, the presence of any quantity of alcohol shall constitute a doping violation.

Archery (FITA) (0.10 g/L)

**P.2 BETA-BLOCKERS**

Unless otherwise specified, beta-blockers are prohibited *in-Competition* only, in the following sports.

Archery (FITA) (also prohibited out of competition)

Beta-blockers include, but are not limited to, the following:

*acebutolol, alprenolol, atenolol, betaxolol, bisoprolol, bunolol, carteolol, carvedilol, celiprolol, esmolol, labetalol, levobunolol, metipranolol, metoprolol, nadolol, oxprenolol, pindolol, propranolol, sotalol, timolol.*

**P.3 DIURETICS**

Diuretics are prohibited in- and out- of competition in all sports as masking agents. However, in the following weight-classified sports and sports where weight loss can enhance performance, no Therapeutic Use Exemptions shall be granted for use of diuretics.

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<b>SPECIFIED SUBSTANCES</b>
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The WADA Code (10.3) states “*The Prohibited List may identify specified substances which are particularly susceptible to unintentional anti-doping rule violations because of their general availability in medicinal products or which are less likely to be successfully abused as doping agents.*” A doping violation involving such substances may result in a reduced sanction as noted in the Code provided that the “*...Athlete can establish that the Use of such a specified substance was not intended to enhance sport performance...*”

“*Specified Substances*” are listed below:

**Stimulants:** *ephedrine, L-methylamphetamine, methylephedrine.*

**Cannabinoids**

**Inhaled Beta-2 Agonists** (*except clenbuterol*).

**Diuretics** (*this does not apply to section P3*).

**Masking Agents:** *probenecid.*

**Beta Blockers**

**Glucocorticosteroids**

**Alcohol**

### PART THREE:

### THE 2004 MONITORING PROGRAM

The WADA Code (4.5) states “*WADA, in consultation with other Signatories and governments, shall establish a monitoring program regarding substances which are not on the Prohibited List, but which WADA wishes to monitor in order to detect patterns of misuse in sport.*”

The following substances are placed on the 2004 Monitoring List:

**Stimulants:** *In-Competition Only: caffeine, phenylephrine, phenylpropanolamine, pipradrol, pseudoephedrine, synephrine.*

**Narcotics:** *In-Competition Only: morphine/codeine ratio.*

**5 TESTING****5.1 Authority to Test**

All Athletes affiliated with a Member Association shall be subject to In-Competition Testing by FITA, the Athlete's Member Association, and any other Anti-Doping Organization responsible for Testing at a Competition or Event in which they participate. All Athletes affiliated with a Member Association shall also be subject to Out-of-Competition Testing at any time or place, with or without advance notice, by FITA, WADA, the Athlete's Member Association, the National Anti-Doping Organization of any country where the Athlete is present, the IOC during the Olympic Games, and the IPC during Paralympic Games.

**5.2 Responsibility for FITA Testing**

The FITA Medical Committee shall be responsible for overseeing all Testing conducted by FITA. Testing may be conducted by members of the FITA Medical Committee or by other qualified persons so authorized by FITA.

**5.3 Testing Standards**

Testing conducted by FITA and its Member Associations and Continental Associations shall be in substantial conformity with the International Standard for Testing in force at the time of Testing (see: [www.wada-ama.org](http://www.wada-ama.org)).

- 5.3.1 Blood Samples may be used either to detect Prohibited Substances or Prohibited Methods or for screening procedure purposes only. If the blood is collected for screening only, it will have no other consequences for the Athlete other than to identify him/her for a urine test under these anti-doping rules. In these circumstances, FITA may decide at its own discretion which blood parameters are to be measured in the screening Sample and what levels of those parameters will be used to indicate that an Athlete should be selected for a urine test.
- 5.3.2 Alcohol tests: alcohol is considered to be a doping substance. Alcohol should not be consumed before or during a Competition.
- 5.3.2.1 If an alcohol test performed on an Athlete results in an Adverse Analytical Finding before the end of an Event, the Athlete will be withdrawn from the Event and the case will be forwarded to the Anti Doping Administrator for results management.
- 5.3.2.2 The alcohol test is performed by the testing of expired air.
- 5.3.2.3 Selection for alcometer tests will be carried out by random selection at the end of the shooting matches or of distances shot on the same day. Athletes selected for urine samples will also be tested for alcohol. Additional tests may be carried out at any time during the Competition at the discretion of the doping control officer.
- 5.3.2.4 If the test of expired air exceeds the equivalent of a blood alcohol concentration of 0.1 promille (parts per thousand) a second test of expired air will be performed 10 minutes later using a different alcometer. If the second test of expired air still exceeds a reading equivalent to a blood alcohol concentration of 0.1 promille (parts per thousand), this will result in an Adverse Analytical Finding.

**5.4 Coordination of Testing**

FITA and Member Associations shall promptly report completed tests to the WADA clearinghouse to avoid unnecessary duplication in Testing.

**5.5 Athlete Whereabouts Requirements**

5.5.1 FITA has a Registered Testing Pool of those Athletes who are required to provide up-to-date whereabouts information to FITA. FITA may revise its Registered Testing Pool from time to time as appropriate. Each Athlete in the Registered Testing Pool shall file quarterly reports with FITA on forms provided by FITA which specify on a daily basis the locations and times where the Athlete will be residing, training and competing. Athletes shall update this information as necessary so that it is current at all times. The ultimate responsibility for providing whereabouts information rests with each Athlete, however, it shall be the responsibility of each Member Association to use its best efforts to assist FITA in obtaining whereabouts information as requested by FITA.

5.5.1.1 The following are members of the FITA Registered Testing Pool:

- From the previous World Outdoor and Indoor Target World Championships: all individual medallists and team gold medallists in the recurve division, and all individual medallists in the compound division.
- From the previous World Field Championships: women and men team gold medallists.
- From the previous World Junior Outdoor Championships: all individual gold medallists in the recurve and compound divisions.
- The top 25 ranked Athletes of the individual World Ranking for the recurve division and the top 10 ranked Athletes of the individual World Ranking for the Compound division.
- In the Olympic Qualification Period (from the World Outdoor Target Championships preceding the Olympic Games up to the Olympic Games), every Athlete who has obtained a quota place for his country, regardless whether independently if he or she will be participating in the Olympic Games.
- The FITA Medical Committee can include any other Athlete, member of a national team, in the Registered Testing Pool by written notice to the Member Association and the Athlete concerned.
- If an Athlete no longer fulfils any of the above criteria, he will remain in the registered testing pool until the end of the Calendar year.

The list of Athletes in the Registered Testing Pool will be available on the FITA Website.

5.5.2 Any Athlete in the FITA Registered Testing Pool who is unavailable for Testing on three attempts during any period of 12 consecutive months shall be considered to have committed an anti-doping rule violation pursuant to Article 2.4. For each attempt, the Doping Control Officer shall visit all locations during the times specified by the Athlete for that date and shall stay two hours at each location. Notification

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## **FITA CONSTITUTION AND RULES**

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shall be sent to the Athlete between each attempt which is to be counted as an un-available test.

- 5.5.3 Any Athlete in the FITA Registered Testing Pool who fails to timely submit a required quarterly whereabouts report after receipt of three formal written warnings from FITA or a Member Association to do so in the preceding 12 months shall be considered to have committed an anti-doping rule violation pursuant to Article 2.4.
- 5.5.4 Each Member Association shall also assist their National Anti-Doping Organization in establishing a national level Registered Testing Pool of top-level national Athletes who are not already included in FITA's Registered Testing Pool. The Member Association/National Anti-Doping Organization may establish its own whereabouts reporting requirements and criteria for Article 2.4 violations applicable to those Athletes.
- 5.5.5 Whereabouts information provided pursuant to Articles 5.5.1 and 5.5.4 shall be shared with WADA and other Anti-Doping Organizations having jurisdiction to test an Athlete on the strict condition that it be used only for Doping Control purposes.

### **5.6 Retirement and Return to Competition**

- 5.6.1 An Athlete who has been identified by FITA for inclusion in FITA's Registered Testing Pool shall continue to be subject to these Anti-Doping Rules, including the obligation to be available for No Advance Notice Out-of-Competition Testing, unless and until the Athlete gives written notice to FITA that he or she has retired or until he or she no longer satisfies the criteria for inclusion in the FITA's Registered Testing Pool and has been so informed by FITA.
- 5.6.2 An Athlete who has given notice of retirement to FITA may not resume competing unless he or she notifies FITA at least six months before he or she expects to return to competition and is available for unannounced Out-of-Competition Testing, at any time during the period before actual return to competition.
- 5.6.3 Member Associations/National Anti-Doping Organizations may establish similar requirements for retirement and returning to competition for Athletes in the national Registered Testing Pool.

### **5.7 Selection of Athletes to be Tested**

- 5.7.1 At International Events, the FITA Medical Committee shall determine the number of finishing placement tests, random tests and target tests to be performed.
- 5.7.1.1 At World Outdoor and Indoor Target World Championships there shall be a minimum of thirty-five (35) tests of which the following are mandatory:
- Each individual medallist in all divisions.
  - One (1) randomly chosen team member of each team medal winners in all divisions.
  - Eleven (11) other tests of which two will be random and the other ones being random or targeted by the FITA Medical Committee, being not necessarily linked to final placements, in order to maximize the diversity of athletes tested or based on information provided by the WADA Clearinghouse on previous tests.

The number of tests will be determined by the FITA Medical Committee in cooperation with the Coordination Committee of the World Championships.

5.7.1.2 At World Outdoor Junior, Field and Ski/Archery Championships there shall be a minimum of fifteen (15) tests of which the following are mandatory:

- Each individual medallist of a randomly chosen category.
- One (1) randomly chosen team member of each team medal winner of a randomly chosen category.
- Nine (9) other tests of which two will be random and the other ones being random or targeted by the FITA Medical Committee, being not necessarily linked to final placements in order to maximize the diversity of athletes tested or based on information provided by the WADA Clearinghouse on previous tests.

The number of tests will be determined by the FITA Medical Committee in cooperation with the Coordination Committee of the World Championships.

5.7.1.3 At World Championships of other disciplines there shall be a minimum of five (5) tests. The number of tests will be determined by the Medical Committee in cooperation with the Coordination Committee of the World Championships.

5.7.1.4 At Continental Qualifiers for the Olympic Games the Athletes who obtain quota places are subject to mandatory doping testing.

5.7.1.5 At World Ranking Tournaments that have 200 preliminary registrations, there shall be a minimum of five (5) doping tests. A minimum of five (5) doping tests is recommended for all other World Ranking Tournaments.

5.7.1.6 At Continental Championships, each Continental Association shall determine the number of Athletes selected for testing and shall submit their plan to the FITA Medical Committee for approval prior to the Championship.

5.7.2 At National Events, each Member Association shall determine the number of Athletes selected for Testing in each Competition and the procedures for selecting the Athletes for Testing.

5.7.3 In addition to the selection procedures set forth in Articles 5.7.1 and 5.7.2 above, the FITA Medical Committee at International Events, and the Member Association at National Events, may also select Athletes or teams for Target Testing so long as such Target Testing is not used for any purpose other than legitimate Doping Control purposes.

5.7.4 Athletes shall be selected for Out-of-Competition Testing by the FITA Medical Committee and by Member Associations through a process that substantially complies with the International Standard for Testing in force at the time of selection.

## **5.8 Independent Observers**

Member Associations and the organizing committees for Member Associations Events shall provide access to Independent Observers at Events as directed by FITA. FITA and its Continental Associations shall provide access to Independent Observers at their respective International Events.

### **6 ANALYSIS OF SAMPLES**

Doping Control Samples collected under these Anti-Doping Rules shall be analysed in accordance with the following principles:

#### **6.1 Use of Approved Laboratories**

FITA shall send Doping Control Samples for analysis only to WADA-accredited laboratories or as otherwise approved by WADA. The choice of the WADA-accredited laboratory (or other method approved by WADA) used for the Sample analysis shall be determined exclusively by FITA.

#### **6.2 Substances Subject to Detection**

Doping Control Samples shall be analysed to detect Prohibited Substances and Prohibited Methods identified on the Prohibited List and other substances as may be directed by WADA pursuant to the Monitoring Program described in Article 4.5 of the Code.

#### **6.3 Research on Samples**

No Sample may be used for any purpose other than the detection of substances (or classes of substances) or methods on the Prohibited List, or as otherwise identified by WADA pursuant to its Monitoring Program, without the Athlete's written consent.

#### **6.4 Standards for Sample Analysis and Reporting**

Laboratories shall analyse Doping Control Samples and report results in conformity with the International Standard for Laboratory Analysis (see: [www.wada-ama.org](http://www.wada-ama.org)).

### **7 RESULTS MANAGEMENT**

#### **7.1 Results Management for Tests Initiated by FITA**

Results management for Tests initiated by FITA (including Tests performed by WADA pursuant to agreement with FITA) shall proceed as set forth below:

7.1.1 The results from all analyses must be sent to FITA in encoded form, in a report signed by an authorised representative of the laboratory. All communication must be conducted in such a way that the results of the analyses are confidential.

7.1.2 Upon receipt of an A Sample Adverse Analytical Finding, the FITA Anti-Doping Administrator shall conduct a review to determine whether: (a) an applicable therapeutic use exemption has been granted, or (b) there is any apparent departure from the International Standards for Testing or Laboratory Analysis that undermines the validity of the Adverse Analytical Finding.

7.1.3 If the initial review under Article 7.1.2 does not reveal an applicable therapeutic use exemption or departure from the International Standard for Testing or the International Standard for laboratory analysis in force at the time of Testing or analysis that

undermines the validity of the Adverse Analytical Finding, FITA shall promptly notify the Athlete of: (a) the Adverse Analytical Finding; (b) the anti-doping rule violated, or, in a case under Articles 7.1.8 or 7.1.9, a description of the additional investigation that will be conducted as to whether there is an anti-doping rule violation; (c) the Athlete's right to promptly request the analysis of the B Sample or, failing such request, that the B Sample analysis may be deemed waived; (d) the right of the Athlete and/or the Athlete's representative to attend the B Sample opening and analysis if such analysis is requested; and (e) the Athlete's right to request copies of the A and B Sample laboratory documentation package which includes information as required by the International Standard for Laboratory Analysis.

- 7.1.4 Arrangements shall be made for Testing the B Sample within three weeks of the notification described in Article 7.1.3. An Athlete may accept the A Sample analytical results by waiving the requirement for B Sample analysis. FITA may nonetheless elect to proceed with the B Sample analysis.
- 7.1.5 The Athlete and/or his representative shall be allowed to be present at the analysis of the B Sample. Also a representative of the Athlete's Member Association as well as a representative of FITA shall be allowed to be present.
- 7.1.6 If the B Sample proves negative, the entire test shall be considered negative and the Athlete, his Member Association, and FITA shall be so informed.
- 7.1.7 If a Prohibited Substance or the Use of a Prohibited Method is identified, the findings shall be reported to the Athlete, his Member Association, FITA, and to WADA.
- 7.1.8 The FITA Anti-Doping Administrator shall conduct any follow-up investigation as may be required by the Prohibited List. Upon completion of such follow-up investigation, FITA shall promptly notify the Athlete regarding the results of the follow-up investigation and whether or not FITA asserts that an anti-doping rule was violated.
- 7.1.9 For apparent anti-doping rule violations that do not involve Adverse Analytical Findings, the FITA Anti-Doping Administrator shall conduct any necessary follow-up investigation and shall then promptly notify the Athlete of the anti-doping rule which appears to have been violated, and the basis of the violation.

## **7.2 Results Management for Tests Initiated During Other International Events**

Results management and the conduct of hearings from a Test by the International Olympic Committee, the International Paralympic Committee, or a Major Event Organization, shall be managed, as far as sanctions beyond Disqualification from the Event or the results of the Event, by the FITA Anti-Doping Panel as defined in Article 8.1.1 of these rules.

## **7.3 Results Management for Tests initiated by Member Associations**

Results management conducted by Member Associations shall be consistent with the general principles for effective and fair results management which underlie the detailed provisions set forth in Article 7.1. Results of all Doping Controls shall be reported to FITA within 14 days of the conclusion of the Member Association's results management process. Any apparent anti-doping rule violation by an Athlete

who is a member of that Member Association shall be promptly referred to an appropriate hearing panel established pursuant to the rules of the Member Association or national law. Apparent anti-doping rule violations by Athletes who are members of another Member Association shall be referred to the Athlete's Member Association for hearing.

### **7.4 Provisional Suspensions**

The FITA Executive Committee, after consultation with the FITA Anti-Doping Administrator, may Provisionally Suspend an Athlete prior to the opportunity for a full hearing based on an Adverse Analytical Finding from the Athlete's A Sample or A and B Samples and the review described in Article 7.1. If a Provisional Suspension is imposed, either the hearing in accordance with Article 8 shall be advanced to a date which avoids substantial prejudice to the Athlete, or the Athlete shall be given an opportunity for a Provisional Hearing before imposition of the Provisional Suspension or on a timely basis after imposition of the Provisional Suspension. Member Associations may impose Provisional Suspensions in accordance with the principles set forth in this Article 7.3.

## **8 RIGHT TO A FAIR HEARING**

### **8.1 Hearings arising out of FITA Testing or Tests at International Event, or Major Games for sanctioning beyond disqualification.**

- 8.1.1 The FITA Executive Committee shall appoint a standing panel consisting of a Chair and five other experts with experience in anti-doping ("FITA Anti-Doping Panel"). The Chair shall be a lawyer. Each panel member shall be independent of his National Member Association in so far as he is not an elected officer, employee or holds a position of responsibility within a Member Association. Each panel member shall serve a term of four years.
- 8.1.2 When it appears, following the Results Management process described in Article 7, that these Anti-Doping Rules have been violated in connection with FITA Testing or Testing at an International Event then the case shall be assigned to the FITA Anti-Doping Panel for adjudication.
- 8.1.3 The Chair of the FITA Anti-Doping Panel shall appoint three members from the panel (which may include the Chair) to hear each case. At least one appointed member shall be a lawyer. The appointed members shall have had no prior involvement with the case and shall not have the same nationality as the Athlete or other Person alleged to have violated these Anti-Doping Rules.
- 8.1.4 Hearings pursuant to this Article shall be completed expeditiously following the completion of the results management process described in Article 7. Hearings held in connection with Events may be conducted on an expedited basis.
- 8.1.5 The Member Association of the Athlete or other Person alleged to have violated these Anti-Doping Rules may attend the hearing as an observer.

- 8.1.6 FITA shall keep WADA fully apprised as to the status of pending cases and the result of all hearings.
- 8.1.7 An Athlete or other Person may forego a hearing by acknowledging the Anti-Doping Rule violation and accepting Consequences consistent with Articles 9 and 10 as proposed by FITA.
- 8.1.8 Decisions of the FITA Anti-Doping Panel may be appealed to Court of Arbitration for Sport as provided in Article 13.

## **8.2 Hearings Arising Out of National Testing**

- 8.2.1 When it appears, following the Results Management process described in Article 7, that these Anti-Doping Rules have been violated in connection with Testing other than in connection with FITA Testing or Testing at an International Event, the Athlete or other Person involved shall be brought before a disciplinary panel of the Athlete or other Person's Member Association for a hearing to adjudicate whether a violation of these Anti-Doping Rules occurred and if so what Consequences should be imposed.
- 8.2.2 Hearings pursuant to this Article 8.2 shall be completed expeditiously and in all cases within three months of the completion of the Results Management process described in Article 7. Hearings held in connection with Events may be conducted by an expedited process. If the completion of the hearing is delayed beyond three months, FITA may elect to bring the case directly before the FITA Anti-Doping Panel at the responsibility and at the expense of the Member Association.
- 8.2.3 Member Associations shall keep FITA and WADA fully apprised as to the status of pending cases and the results of all hearings.
- 8.2.4 FITA and WADA shall have the right to attend hearings as an observer.
- 8.2.5 The Athlete or other Person may forego a hearing by acknowledging the violation of these Anti-Doping Rules and accepting Consequences consistent with Articles 9 and 10 as proposed by the Member Association.
- 8.2.6 Decisions by Member Associations, whether as the result of a hearing or the Athlete or other Person's acceptance of Consequences, may be appealed as provided in Article 13.
- 8.2.7 Hearing decisions by the Member Association shall not be subject to further administrative review at the national level except as provided in Article 13 or required by applicable national law.

## **8.3 Principles for a Fair Hearing**

All hearings pursuant to either Article 8.1 or 8.2 shall respect the following principles:

- A timely hearing;
- Fair and impartial hearing body;
- The right to be represented by counsel at the Person's own expense;
- The right to be fairly and timely informed of the asserted anti-doping rule violation;

- The right to respond to the asserted anti-doping rule violation and resulting Consequences;
- The right of each party to present evidence, including the right to call and question witnesses (subject to the hearing body's discretion to accept testimony by telephone or written submission);
- The Person's right to an interpreter at the hearing, with the Anti-Doping Panel to determine the identity, and responsibility for the cost of the interpreter; and
- A timely, written, reasoned decision.

## 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

A violation of these Anti-Doping Rules in connection with an In-Competition test automatically leads to Disqualification of the individual result obtained in that Competition with all resulting consequences, including forfeiture of any medals, points and prizes.

## 10 SANCTIONS ON INDIVIDUALS

### 10.1 Disqualification of Results in Event during which an Anti-Doping Rule Violation occurs

An Anti-Doping Rule violation occurring during or in connection with an Event may lead to Disqualification of all of the Athlete's individual results obtained in that Event with all consequences, including forfeiture of all medals, points and prizes, except as provided in Article 10.1.1.

- 10.1.1 If the Athlete establishes that he or she bears No Fault or Negligence for the violation, the Athlete's individual results in the other Competition shall not be Disqualified unless the Athlete's results in Competition other than the Competition in which the anti-doping rule violation occurred were likely to have been affected by the Athlete's anti-doping rule violation.

### 10.2 Imposition of Ineligibility for Prohibited Substances and Prohibited Methods

Except for the specified substances identified in Article 10.3, the period of Ineligibility imposed for a violation of Article 2.1 (presence of Prohibited Substance or its Metabolites or Markers), Article 2.2 (Use or Attempted Use of Prohibited Substance or Prohibited Method) and Article 2.6 (Possession of Prohibited Substances and Methods) shall be:

- First violation: Two (2) years' Ineligibility.
- Second violation: Lifetime Ineligibility.

However, the Athlete or other Person shall have the opportunity in each case, before a period of Ineligibility is imposed, to establish the basis for eliminating or reducing this sanction as provided in Article 10.5.

### 10.3 Specified Substances

The Prohibited List may identify specified substances which are particularly susceptible to unintentional anti-doping rules violations because of their general availability in medicinal products or which are less likely to be successfully abused as doping agents. Where an Athlete can establish that the Use of such a specified substance was not intended to enhance sport performance, the period of Ineligibility found in Article 10.2 shall be replaced with the following:

- First violation: At a minimum, a warning and reprimand and no period of Ineligibility from future Events, and at a maximum, one (1) year's Ineligibility.
- Second violation: Two (2) years' Ineligibility.
- Third violation: Lifetime Ineligibility.

However, the Athlete or other Person shall have the opportunity in each case, before a period of Ineligibility is imposed, to establish the basis for eliminating or reducing (in the case of a second or third violation) this sanction as provided in Article 10.5.

### 10.4 Ineligibility for Other Anti-Doping Rule Violations

The period of Ineligibility for other violations of these Anti-Doping Rules shall be:

- 10.4.1 For violations of Article 2.3 (refusing or failing to submit to Sample collection) or Article 2.5 (Tampering with Doping Control), the Ineligibility periods set forth in Article 10.2 shall apply.
- 10.4.2 For violations of Article 2.7 (Trafficking) or Article 2.8 (administration of Prohibited Substance or Prohibited Method), the period of Ineligibility imposed shall be a minimum of four (4) years up to lifetime Ineligibility. An anti-doping rule violation involving a Minor shall be considered a particularly serious violation, and, if committed by Athlete Support Personnel for violations other than specified substances referenced in Article 10.3, shall result in lifetime Ineligibility for such Athlete Support Personnel. In addition, violations of such Articles which also violate non-sporting laws and regulations, may be reported to the competent administrative, professional or judicial authorities.
- 10.4.3 For violations of Article 2.4 (Whereabouts Violations or Missed Tests), the period of Ineligibility shall be:
- First violation: Three (3) months to one (1) year Ineligibility.
  - Second and subsequent violations: Two (2) years' Ineligibility.

### 10.5 Elimination or Reduction of Period of Ineligibility Based on Exceptional Circumstances

- 10.5.1 If the Athlete establishes in an individual case involving an anti-doping rule violation under Article 2.1 (presence of Prohibited Substance or its Metabolites or Markers) or Use of a Prohibited Substance or Prohibited Method under Article 2.2 that he or she bears No Fault or Negligence for the violation, the otherwise applicable

period of Ineligibility shall be eliminated. When a Prohibited Substance or its Markers or Metabolites is detected in an Athlete's Specimen in violation of Article 2.1 (presence of Prohibited Substance), the Athlete must also establish how the Prohibited Substance entered his or her system in order to have the period of Ineligibility eliminated. In the event this Article is applied and the period of Ineligibility otherwise applicable is eliminated, the anti-doping rule violation shall not be considered a violation for the limited purpose of determining the period of Ineligibility for multiple violations under Article 10.2, 10.3 and 10.6.

10.5.2 This Article 10.5.2 applies only to anti-doping rule violations involving Article 2.1 (presence of Prohibited Substance or its Metabolites or Markers), Use of a Prohibited Substance or Prohibited Method under Article 2.2, failing to submit to Sample collection under Article 2.3, or administration of a Prohibited Substance or Prohibited Method under Article 2.8. If an Athlete establishes in an individual case involving such violations that he or she bears No Significant Fault or Negligence, then the period of Ineligibility may be reduced, but the reduced period of Ineligibility may not be less than one-half of the minimum period of Ineligibility otherwise applicable. If the otherwise applicable period of Ineligibility is a lifetime, the reduced period under this section may be no less than 8 years. When a Prohibited Substance or its Markers or Metabolites is detected in an Athlete's Specimen in violation of Article 2.1 (presence of Prohibited Substance), the Athlete must also establish how the Prohibited Substance entered his or her system in order to have the period of Ineligibility reduced.

10.5.3 The FITA Council upon recommendation of the Doping Panel may also reduce the period of Ineligibility in an individual case where the Athlete has provided substantial assistance to FITA which results in FITA discovering or establishing an anti-doping rule violation by another Person involving Possession under Article 2.6.2 (Possession by Athlete Support Personnel), Article 2.7 (Trafficking), or Article 2.8 (administration to an Athlete). The reduced period of Ineligibility may not, however, be less than one-half of the minimum period of Ineligibility otherwise applicable. If the otherwise applicable period of Ineligibility is a lifetime, the reduced period under this Article may be no less than 8 years.

### **10.6 Rules for Certain Potential Multiple Violations**

10.6.1 For purposes of imposing sanctions under Article 10.2, 10.3 and 10.4, a second anti-doping rule violation may be considered for purposes of imposing sanctions only if the FITA (or its Member Association) can establish that the Athlete or other Person committed the second anti-doping rule violation after the Athlete or other Person received notice, or after FITA (or its Member Association) made a reasonable attempt to give notice, of the first anti-doping rule violation; If FITA (or its Member Association) cannot establish this, the violations shall be considered as one single first violation, and the sanction imposed shall be based on the violation that carries the more severe sanction.

10.6.2 Where an Athlete, based on the same Doping Control, is found to have committed an anti-doping rule violation involving both a specified substance under Article 10.3 and another Prohibited Substance or Prohibited Method, the Athlete shall be

considered to have committed a single anti-doping rule violation, but the sanction imposed shall be based on the Prohibited Substance or Prohibited Method that carries the most severe sanction.

- 10.6.3 Where an Athlete is found to have committed two separate anti-doping rule violations, one involving a specified substance governed by the sanctions set forth in Article 10.3 (specified substances) and the other involving a Prohibited Substance or Prohibited Method governed by the sanctions set forth in Article 10.2 or a violation governed by the sanctions in Article 10.4.1, the period of Ineligibility imposed for the second offence shall be at a minimum two years' Ineligibility and at a maximum three years' Ineligibility. Any Athlete found to have committed a third anti-doping rule violation involving any combination of specified substances under Article 10.3 and any other anti-doping rule violation under Article 10.2 or 10.4.1 shall receive a sanction of lifetime Ineligibility.

### **10.7 Disqualification of Results in Competitions Subsequent to Sample Collection**

In addition to the automatic Disqualification of the results in the Competition which produced the positive Sample under Article 9 (Automatic Disqualification of Individual Results), all other competitive results obtained from the date a positive Sample was collected (whether In-Competition or Out-of-Competition), or other doping violation occurred, through the commencement of any Provisional Suspension or Ineligibility period, shall, unless fairness requires otherwise, be Disqualified with all of the resulting consequences including forfeiture of any medals, points and prizes.

### **10.8 Commencement of Ineligibility Period**

The period of Ineligibility shall start on the date of the hearing decision providing for Ineligibility or, if the hearing is waived, on the date Ineligibility is accepted or otherwise imposed. Any period of Provisional Suspension (whether imposed or voluntarily accepted) shall be credited against the total period of Ineligibility to be served. Where required by fairness, such as delays in the hearing process or other aspects of Doping Control not attributable to the Athlete, FITA or Anti-Doping Organization imposing the sanction may start the period of Ineligibility at an earlier date commencing as early as the date of Sample collection.

### **10.9 Status During Ineligibility**

No Person who has been declared Ineligible may, during the period of Ineligibility, participate in any capacity in an Event or activity (other than authorized anti-doping education or rehabilitation programs) authorized or organized by FITA or any Member Association. In addition, for any anti-doping rule violation not involving specified substances described in Article 10.3, some or all sport-related financial support or other sport-related benefits received by such Person will be withheld by FITA and its Member Associations. A Person subject to a period of Ineligibility longer than four years may, after completing four years of the period of Ineligibility, participate in local sport events in a sport other than sports subject to the jurisdictions of FITA and its Member Associations, but only so long as the local sport

event is not at a level that could otherwise qualify such Person directly or indirectly to compete in (or accumulate points toward) a national championship or International Event.

### **10.10 Reinstatement Testing**

As a condition to regaining eligibility at the end of a specified period of Ineligibility, an Athlete must, during any period of Provisional Suspension or Ineligibility, make him or herself available for Out-of-Competition Testing by FITA, the applicable Member Association, and any other Anti-Doping Organization having Testing jurisdiction, and must provide current and accurate whereabouts information as provided in Article 5.5. If an Athlete subject to a period of Ineligibility retires from sport and is removed from Out-of-Competition Testing pools and later seeks reinstatement, the Athlete shall not be eligible for reinstatement until the Athlete has notified FITA and the applicable Member Association and has been subject to Out-of-Competition Testing for a period of time equal to the longer of the period set forth in Article 5.6 or the period of Ineligibility remaining as of the date the Athlete had retired. During such remaining period of Ineligibility, a minimum of 2 tests must be conducted on the Athlete with at least three months between each test. The Member Association shall be responsible for conducting the necessary tests, but tests by any Anti-Doping Organization may be used to satisfy the requirement. The results of such tests shall be reported to FITA. Once the period of an Athlete's suspension has expired, and the Athlete has fulfilled the conditions of reinstatement, then the Athlete will become automatically re-eligible and no application by the Athlete or by the Athlete's Member Association will then be necessary.

## **11 CONSEQUENCES TO TEAMS**

If a member of a team is found to have committed a violation of these Anti-Doping Rules during an Event, the team shall be Disqualified from the Event.

## **12 SANCTIONS AND COSTS ASSESSED AGAINST MEMBER ASSOCIATIONS**

12.1 The FITA Council has the authority to withhold some or all funding or other non-financial support to Member Associations that are not in compliance with these Anti-Doping Rules.

12.2 Member Associations not complying with FITA Anti-Doping Rules will be obliged by FITA Council to reimburse FITA for all costs (including but not limited to laboratory fees, hearing expenses and travel) related to a violation of these Anti-Doping Rules committed by an Athlete or other Person affiliated with that Member Association. All costs linked to the B-sample analysis are at the charge of the athlete unless the B-test proves to be negative.

- 12.3 FITA Council upon recommendation of its Anti-Doping Administrator may decide to take additional disciplinary action against Member Associations with respect to recognition, the eligibility of its officials and athletes to participate in International Events and fines based on the following:
- 12.3.1 Four or more violations of these Anti-Doping Rules (other than violations involving Articles 2.4 and 10.3) are committed by Athletes or other Persons affiliated with a Member Association within a 12-month period in testing conducted by FITA or Anti-Doping Organizations other than the Member Association or its National Anti-Doping Organization.
- 12.3.2 More than one Athlete or another Person from a Member Association commit an Anti-Doping Rule violation during an International Event.
- 12.3.3 A Member Association has failed to make diligent efforts to keep FITA informed about an Athlete's whereabouts after receiving a request for that information from FITA.

## **13 APPEALS**

### **13.1 Decisions Subject to Appeal**

Decisions made under these Anti-Doping Rules may be appealed as set forth below in Article 13.2 through 13.4. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise. Before an appeal is commenced, any post-decision review authorized in Article 8.2 (8.2.1-8.2.7) must be exhausted.

### **13.2 Appeals against decisions regarding Anti-Doping Rule violations, Consequences, and Provisional Suspensions**

A decision that an anti-doping rule violation was committed, a decision imposing Consequences for an anti-doping rule violation, a decision that no anti-doping rule violation was committed, a decision that FITA or its Member Association lacks jurisdiction to rule on an alleged anti-doping rule violation or its Consequences, and a decision to impose a Provisional Suspension as a result of a Provisional Hearing or otherwise in violation of Article 7.4 may be appealed exclusively as provided in this Article 13.2. Notwithstanding any other provision herein, the only Person that may appeal from a Provisional Suspension is the Athlete or other Person upon whom the Provisional Suspension is imposed.

- 13.2.1 In cases arising from competition in an International Event or in cases involving International-Level Athletes, the decision may be appealed exclusively to the Court of Arbitration for Sport ("CAS") in accordance with the provisions applicable before such court.
- 13.2.2 In cases involving Athletes that do not have a right to appeal under Article 13.2.1, each Member Association shall have in place an appeal procedure that respects the following principles: a timely hearing, a fair and impartial hearing body; the right to be represented by a counsel at the person's expense; and a timely, written, reasoned

decision. FITA's rights of appeal with respect to these cases are set forth in Article 13.2.3 below.

- 13.2.3 In cases under Article 13.2.1, the following parties shall have the right to appeal to CAS: (a) the Athlete or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) FITA and any other Anti-Doping Organization under whose rules a sanction could have been imposed; (d) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (e) WADA. In cases under Article 13.2.2, the parties having the right to appeal to the national-level reviewing body shall be as provided in the Member Association's rules but, at a minimum, shall include: (a) the Athlete or other Person who is the subject of the decision being appealed; (b) the other party to the case in which the decision was rendered; (c) FITA; and (d) WADA. For cases under Article 13.2.2, WADA and FITA shall also have the right to appeal to CAS with respect to the decision of the national-level reviewing body.

### **13.3 Appeals against decisions granting or denying a Therapeutic Use Exemption**

Decisions by WADA reversing the grant or denial of a TUE exemption may be appealed exclusively to CAS by the Athlete, FITA, or National Anti-Doping Organization or other body designated by a Member Association which granted or denied the exemption. Decisions to deny therapeutic use exemptions, and which are not reversed by WADA, may be appealed by International-Level Athletes to CAS and by other Athletes to the national level reviewing body described in Article 13.2.2. If the national level reviewing body reverses the decision to deny a therapeutic use exemption, that decision may be appealed to CAS by WADA.

### **13.4 Appeals against decisions pursuant to Article 12**

Decisions by FITA pursuant to Article 12 may be appealed exclusively to CAS by the Member Association.

### **13.5 Time for Filing Appeals**

The time to file an appeal to CAS shall be twenty-one (21) days from the date of receipt of the decision by the appealing party. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings having led to the decision subject to appeal:

- a) Within ten (10) days from notice of the decision, such party/ies shall have the right to request from the body having issued the decision a copy of the file on which such body relied;
- b) If such a request is made within the ten-day period, then the party making such request shall have twenty-one (21) days from receipt of the file to file an appeal to CAS.

**14 MEMBER ASSOCIATIONS AND FITA ANTI-DOPING RULES****14.1 Incorporation of FITA Anti-Doping Rules**

All Member Associations shall comply with these Anti-Doping Rules. These Anti-Doping Rules shall also be incorporated either directly or by reference into each Member Associations Rules. All Member Associations shall include in their regulations the procedural rules necessary to effectively implement these Anti-Doping Rules. Each Member Association shall obtain the written acknowledgement and agreement, in the form attached as Article 20, of all National Team Member Athletes subject to Doping Control and Athlete Support Personnel for such Athletes. Notwithstanding whether or not the required form has been signed, the Rules of each Member Association shall specifically provide that all Athletes, Athlete Support Personnel and other Persons under the jurisdiction of the Member Association shall be bound by these Anti-Doping Rules.

**14.2 Statistical Reporting**

Member Associations shall report to FITA at the end of every year results of all Doping Controls within their jurisdiction sorted by Athlete and identifying each date on which the Athlete was tested, the entity conducting the test, and whether the test was In-Competition or Out-of-Competition. FITA may periodically publish Testing data received from Member Associations as well as comparable data from Testing under FITA's jurisdiction.

**14.3 Doping Control Information Clearing House**

When a Member Association has received an Adverse Analytical Finding on one of its Athletes it shall report the following information to FITA and WADA within fourteen (14) days of the process described in Article 7.1.2 and 7.1.3: the Athlete's name, country, sport and discipline within the sport, whether the test was In-Competition or Out-of-Competition, the date of Sample collection and the analytical result reported by the laboratory. The Member Association shall also regularly update FITA and WADA on the status and findings of any review or proceedings conducted pursuant to Article 7 (Results Management), Article 8 (Right to a Fair Hearing) or Article 13 (Appeals), and comparable information shall be provided to FITA and WADA within 14 days of the notification described in Article 7.1.9, with respect to other violations of these Anti-Doping Rules. In any case in which the period of Ineligibility is eliminated under Article 10.5.1 (No Fault or Negligence) or reduced under Article 10.5.2 (No Significant Fault or Negligence), FITA and WADA shall be provided with a written reasoned decision explaining the basis for the elimination or reduction. Neither FITA nor WADA shall disclose this information beyond those persons within their organisations with a need to know until the Member Association has made public disclosure or has failed to make public disclosure as required in Article 14.4 below.

**14.4 Public Disclosure**

Neither FITA nor its Member Association shall publicly identify Athletes whose Samples have resulted in Adverse Analytical Findings, or who were alleged to have

violated other Articles of these Anti-Doping Rules until it has been determined in a hearing in accordance with Article 8 that an anti-doping rule violation has occurred, or such hearing has been waived, or the assertion of an anti-doping rule violation has not been timely challenged or the *Athlete* has been *Provisionally Suspended*. Once a violation of these Anti-Doping Rules has been established, it shall be publicly reported within 20 days.

### **14.5 Recognition of Decisions by FITA and Member Associations**

Any decision of FITA or a Member Association regarding a violation of these Anti-Doping Rules shall be recognized by all Member Associations, which shall take all necessary action to render such decisions effective.

## **15 RECOGNITION OF DECISIONS BY OTHER ORGANIZATIONS**

15.1 Subject to the right to appeal provided in Article 13, the Testing, therapeutic use exemptions and hearing results or other final adjudications of any Signatory to the Code which are consistent with the Code and are within the Signatory's authority, shall be recognized and respected by FITA and its Member Associations. FITA and its Member Associations may recognize the same actions of other bodies which have not accepted the Code if the rules of those bodies are otherwise consistent with the Code.

15.2 Where it is contended that the actions of a Signatory or other body were not in conformity with the Code the FITA Executive Committee may decide to recognize the decision as final or it may decide to forward the matter to the FITA Anti-Doping Panel in accordance with Article 8.

15.3 Any athlete being or becoming a member of a Member Association must disclose to the Member Association any positive test result for which he/she has been sanctioned by any National, Regional, Continental or International Sports organisation, the IOC or any Governments or Governments' Agencies.

## **16 STATUTE OF LIMITATIONS**

No action may be commenced under these Anti-Doping Rules against an Athlete or other Person for a violation of an anti-doping rule contained in these Anti-Doping Rules unless such action is commenced within eight years from the date the violation occurred.

**17 FITA'S COMPLIANCE REPORTS TO WADA**

FITA will report to WADA on FITA's compliance with the Code every two years and shall explain reasons for any non-compliance.

**18 AMENDMENT AND INTERPRETATION OF ANTI-DOPING RULES**

- 18.1 These Anti-Doping Rules are by-laws under the FITA Constitution and may be amended from time to time by FITA Council.
- 18.2 Except as provided in Article 18.5 and the FITA Constitution and Rules Book, these Anti-Doping Rules shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.
- 18.3 The headings used for the various Parts and Articles of these Anti-Doping Rules are for convenience only and shall not be deemed part of the substance of these Anti-Doping Rules or to affect in any way the language of the provisions to which they refer.
- 18.4 The INTRODUCTION and the following Article 19 DEFINITIONS shall be considered integral parts of these Anti-Doping Rules.
- 18.5 These Anti-Doping Rules have been adopted pursuant to the applicable provisions of the Code and shall be interpreted in a manner that is consistent with applicable provisions of the Code. The comments annotating various provisions of the Code may, where applicable, assist in the understanding and interpretation of these Anti-Doping Rules.
- 18.6 Notice to an Athlete or other Person who is a member of a Member Association may be accomplished by delivery of the notice to the Member Association.
- 18.7 These Anti-Doping Rules shall not apply retrospectively to matters pending before the date these Anti-Doping Rules come into effect.

### 19 DEFINITIONS

#### **Adverse Analytical Finding:**

A report from a laboratory or other approved **Testing** entity that identifies in a **Specimen** the presence of a **Prohibited Substance** or its **Metabolites** or **Markers** (including elevated quantities of endogenous substances) or evidence of the Use of a Prohibited Method.

#### **Anti-Doping Administrator:**

The FITA Anti-Doping Administrator is a Person in charge of management and administration of anti-doping matters, who is nominated by the Executive Committee upon recommendation of the Executive Director.

#### **Anti-Doping Organization:**

A **Signatory** that is responsible for adopting rules for initiating, implementing or enforcing any part of the **Doping Control** process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, and other **Major Event Organizations** that conduct **Testing** at their **Events**, **WADA**, Inter Member Associations, and **National Anti-Doping Organizations**.

**Athlete:** For purposes of Doping Control, any Person who participates in sport at the international level (as defined by each International Federation) or national level (as defined by each National Anti-Doping Organization) and any additional Person who participates in sport at a lower level if designated by the Person's National Anti-Doping Organization. For purposes of anti-doping information and education, any Person who participates in sport under the authority of any Signatory, government, or other sports organization accepting the Code.

#### **Athlete Support Personnel:**

Any coach, trainer, manager, agent, team staff, official, medical or para-medical personnel working with or treating Athletes participating in or preparing for sports competition.

**Attempt:** Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an Attempt to commit a violation IF the Person renounces the attempt prior to it being discovered by a third party not involved in the Attempt.

**Code:** The World Anti-Doping Code.

#### **Competition:**

A single race, match, game or singular athletic contest.

#### **Consequences of Anti-Doping Rules Violations:**

An **Athlete's** or other **Person's** violation of an anti-doping rule may result in one or more of the following: (a) **Disqualification** means the Athlete's results in a particular **Competition** or **Event** are invalidated, with all resulting consequences including forfeiture of any medals, points and prizes; (b) **Ineligibility** means the Athlete or other Person is barred for a specified period of time from participating in any Com-

petition or other activity or funding as provided in Article 10.9; [and (c) **Provisional Suspension** means the Athlete or other Person is barred temporarily from participating in any Competition prior to the final decision at a hearing conducted under Article 8 (Right to a Fair Hearing).]

**Disqualification:**

See **Consequences** of Anti-Doping Rules Violations above.

**Doping Control:**

The process including test distribution planning, **Sample** collection and handling, laboratory analysis, results management, hearings and appeals.

**Event:** A series of individual **Competitions** conducted together under one ruling.

**In-Competition:**

For purposes of differentiating between **In-Competition** and **Out-of-Competition Testing**, unless provided otherwise in the rules of an International Federation or other relevant **Anti-Doping Organization**, an In-Competition test is a test where an Athlete is selected for testing in connection with a specific Competition.

For purposes of In-Competition testing, the competition starts the day after the opening ceremony or on the first day of competition whichever comes first and ends on the last day of the competition after the testing for that competition has been completed.”

**Independent Observer Program:**

A team of observers, under the supervision of **WADA**, who observe the **Doping Control** process at certain **Events** and report on observations. IF WADA is testing **In-Competition** at an Event, the observers shall be supervised by an independent organization.

**Ineligibility:**

See **Consequences** of Anti-Doping Rules Violations above.

**International Event:**

An **Event** where the International Olympic Committee, the International Paralympic Committee, an International Federation, a **Major Event Organization**, or another international sport organization is the ruling body for the Event or appoints the technical officials for the Event.

FITA International Events are defined as follows:

- Competition for World and Continental titles,
- Competition for Olympic titles,
- Competition for World Ranking,
- Olympic Qualification Events (Continental Qualifying Tournaments),
- Archery events of Major Event Organizations,
- And any other *Event* for which FITA is the ruling body or appoints technical officials.

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### **International-Level Athlete:**

**Athletes** designated by one or more International Federations as being within the **Registered Testing Pool** for an International Federation.

### **International Standard:**

A standard adopted by **WADA** in support of the **Code**. Compliance with an International Standard (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the International Standard were performed properly.

### **Major Event Organizations:**

This term refers to the continental associations of **National Olympic Committees** and other international multi-sport organizations that function as the ruling body for any continental, regional or other **International Event**.

**Marker:** A compound, group of compounds or biological parameters that indicates the **Use of a Prohibited Substance or Prohibited Method**.

### **Member Association:**

A national or regional entity which is a member of or is recognized by FITA as the entity governing archery in that nation or region.

### **Metabolite:**

Any substance produced by a biotransformation process.

**Minor:** A natural **Person** who has not reached the age of majority as established by the applicable laws of his or her country of residence.

### **National Anti-Doping Organization:**

The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of **Samples**, the management of test results, and the conduct of hearings, all at the national level. IF this designation has not been made by the competent public authority(ies), the entity shall be the country's **National Olympic Committee** or its designee.

### **National Event:**

A sport **Event** involving international or national-level Athletes that is not an **International Event**.

### **National Olympic Committee:**

The organization recognized by the International Olympic Committee. The term **National Olympic Committee** shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical National Olympic Committee responsibilities in the anti-doping area.

### **No Advance Notice:**

A **Doping Control** which takes place with no advance warning to the **Athlete** and where the Athlete is continuously chaperoned from the moment of notification through **Sample** provision.

**No Fault or Negligence:**

The **Athlete's** establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had **Used** or been administered the **Prohibited Substance** or **Prohibited Method**.

**No Significant Fault or Negligence:**

The **Athlete's** establishing that his or her fault or negligence, when viewed in the totality of the circumstances and taking into account the criteria for No Fault or Negligence, was not significant in relationship to the anti-doping rule violation.

**Out-of-Competition:**

Any **Doping Control** which is not **In-Competition**.

**Participant:**

Any **Athlete** or **Athlete Support Personnel**.

**Person:** A natural **Person** or an organization or other entity.

**Possession:**

The actual, physical possession, or the constructive possession (which shall be found only IF the person has exclusive control over the **Prohibited Substance/Method** or the premises in which a Prohibited Substance/Method exists); provided, however, that IF the person does not have exclusive control over the Prohibited Substance/Method or the premises in which a Prohibited Substance/Method exists, constructive possession shall only be found if the person knew about the presence of the Prohibited Substance/Method and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on possession IF, prior to receiving notification of any kind that the Person has committed an anti-doping rule violation, the Person has taken concrete action demonstrating that the Person no longer intends to have Possession and has renounced the **Person's** previous Possession.

**Prohibited List:**

The List identifying the **Prohibited Substances** and **Prohibited Methods**.

**Prohibited Method:**

Any method so described on the **Prohibited List**.

**Prohibited Substance:**

Any substance so described on the **Prohibited List**.

**Provisional Hearing:**

For purposes of Article 7.5, an expedited abbreviated hearing occurring prior to a hearing under Article 8 (Right to a Fair Hearing) that provides the *Athlete* with notice and an opportunity to be heard in either written or oral form.

**Provisional Suspension:**

See **Consequences** above.

**Publicly Disclose or Publicly Report:**

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To disseminate or distribute information to the general public or persons beyond those persons entitled to earlier notification in accordance with Article 14.

### **Registered Testing Pool:**

The pool of top level **Athletes** established separately by each International Federation and **National Anti-Doping Organization** who are subject to both **In-Competition** and **Out-of-Competition Testing** as part of that International Federation's or Organization's test distribution plan.

### **Sample/Specimen:**

Any biological material collected for the purposes of **Doping Control**.

### **Signatories:**

Those entities signing the **Code** and agreeing to comply with the Code, including the International Olympic Committee, International Federations, International Paralympic Committee, **National Olympic Committees**, National Paralympic Committees, **Major Event Organizations**, **National Anti-Doping Organizations**, and **WADA**.

### **Tampering:**

Altering for an improper purpose or in an improper way; bringing improper influence to bear; interfering improperly to alter results or prevent normal procedures from occurring.

### **Target Testing:**

Selection of **Athletes** for **Testing** where specific Athletes or groups of Athletes are selected on a non-random basis for Testing at a specified time.

### **Team Sport:**

A sport in which the substitution of **Athletes** is permitted during a **Competition**.

**Testing:** The parts of the **Doping Control** process involving test distribution planning, **Sample** collection, Sample handling, and Sample transport to the laboratory.

### **Trafficking:**

To sell, give, administer, transport, send, deliver or distribute a **Prohibited Substance** or **Prohibited Method** to an **Athlete** either directly or through one or more third parties, but excluding the sale or distribution (by medical personnel or by **Persons** other than an **Athlete's Support Personnel**) of a Prohibited Substance for genuine and legal therapeutic purposes.

**Use:** The application, ingestion, injection or consumption by any means whatsoever of any **Prohibited Substance** or **Prohibited Method**.

**WADA:** The World Anti-Doping Agency.

**20 FITA ANTI-DOPING AGREEMENT**

I, as a member of a Member Association of FITA or participating in a FITA authorized or recognized event, hereby acknowledge and agree as follows:

1. I have received information on the FITA Anti-Doping Rules and had an opportunity to review them.
2. I consent and agree to comply with and be bound by all of the provisions of the FITA Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules\* and all International Standards\* incorporated in the Anti-Doping Rules.
3. I acknowledge and agree that FITA and its Member Associations have jurisdiction to impose sanctions as provided in the FITA Anti-Doping Rules.
4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the FITA Anti-Doping Rules, after exhaustion of the process expressly provided for in the FITA Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the FITA Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Athletes is the Court of Arbitration for Sport.
5. I acknowledge and agree that the decisions of the arbitral appellate body referenced above shall be final and enforceable, and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
6. I have read and understood this Acknowledgement and Agreement.

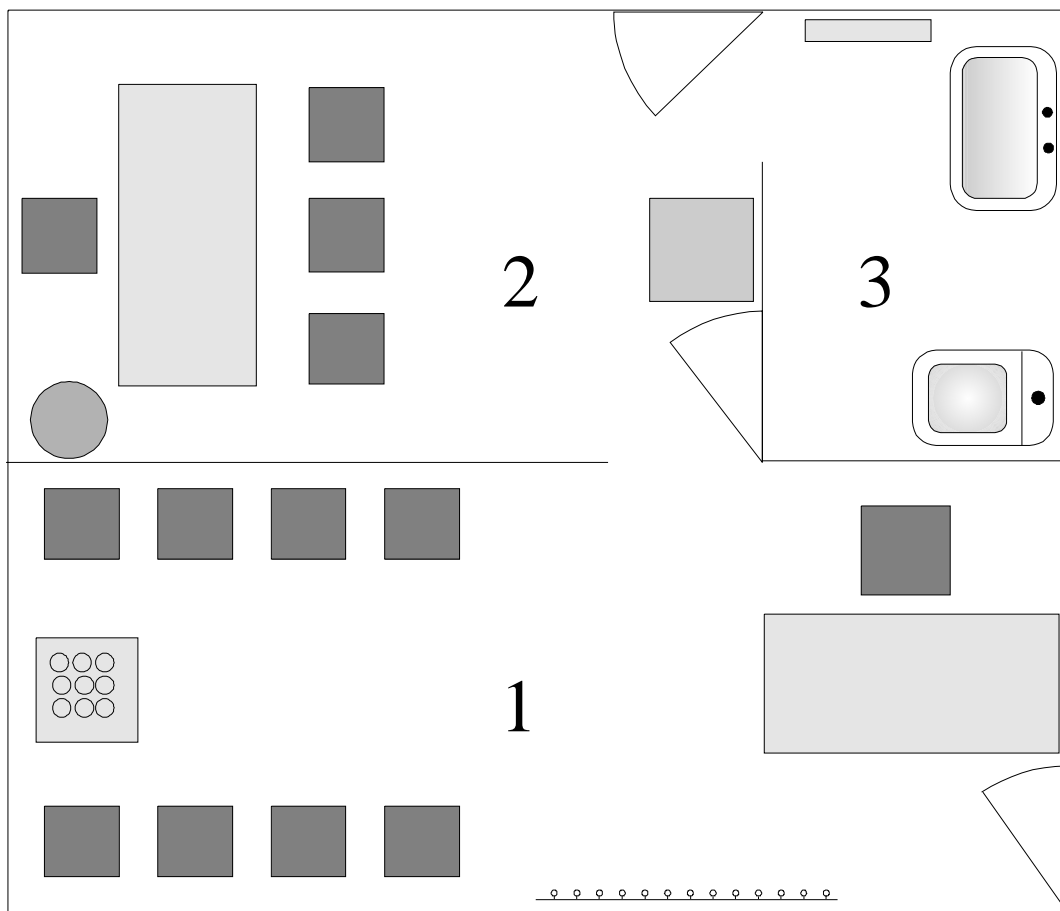
\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Name (Last Name, First Name)

\_\_\_\_\_  
Date of Birth  
(Day/Month/Year)

\_\_\_\_\_  
Signature (or, if a minor, signature of  
legal guardian)

\*For the FITA Anti-Doping Rules and the International Standards in effect see:  
[www.archery.org](http://www.archery.org) and/or [www.wada-ama.org](http://www.wada-ama.org)

**21 DOPING CONTROL STATION - LAYOUT****1. Waiting Room**

- Refrigerator or Cool Box with Sealed non-alcoholic drinks
- Desk
- Chairs
- Hangers
- Information No 1

**3. Sampling Room (Toilet)**

- Water Closet
- Wash Basin
- Paper Towels
- Hygienic Toilet Paper
- Hooks
- Information No 5 on the door

**2. Consulting Room**

- Desk
- Chairs
- Waste Bin
- Refrigerator (Sampling storage)
- Telephone or other Communication Device
- Scissors
- Writing Material
- Paper Towels
- Disposable gloves
- Information No 2; 3; 4 on the entrance door

**22 DOPING CONTROL INFORMATION 1 - 5****Information 1**

**PLEASE HELP YOURSELF TO A DRINK  
ONLY DRINK FROM AN ORIGINALLY  
SEALED BOTTLE OR CAN**

**Information 2**

**NO ONE, INCLUDING THE PRESS, IS ALLOWED  
TO ENTER THE DOPING CONTROL CENTER  
DURING WORKING HOURS, EXCEPT ATHLETES,  
ACCOMPANYING PERSONS, INTERPRETERS,  
THE DOPING CONTROL PERSONNEL AND  
INDEPENDENT OBSERVERS**

**Information 3**

**PLEASE CHOOSE YOURSELF A SEALED PLASTIC  
CONTAINER FOR YOUR URINE SAMPLE**

**Information 4**

**PLEASE CHOOSE YOURSELF  
ONE OF THE SET OF  
URINE SAMPLE BOTTLES**

**Information 5**

**DURING DOPING CONTROL URINATION  
THE ATHLETE MUST BE ACCOMPANIED BY A DOPING  
CONTROL ESCORT OF THE SAME GENDER**

# BOOK 1

## FITA CONSTITUTION AND RULES

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### 23.1 TUE (Standard 1)

Application No: .....  
(FITA office use only)



## THERAPEUTIC USE EXEMPTIONS

### Standard Application Form

I apply for approval from FITA for the therapeutic use of a prohibited substance on the WADA List of Prohibited Substances and Prohibited Methods.

Please complete all sections except part 7

#### 1. Athlete Information

Surname: .....	Given Names:.....	
Female <input type="checkbox"/> Male <input type="checkbox"/> ( <i>tick appropriate box</i> )		
Address: .....		
City: .....	Country: .....	Postal code: .....
Date of Birth (d/m/y): .....		
Tel. Work: .....	Tel. Home: .....	Mobile: .....
E-mail: .....		Fax: .....
Sport: .....	Discipline/Position: .....	
Member Association: .....		
If athlete with disability, indicate disability: .....		

#### 2 Notifying medical practitioner

Name, qualifications and medical speciality ( <i>see note 1</i> ): .....	
.....	
.....	
Address: .....	
.....	E-mail address: .....
Tel. Work: .....	Tel. Home: .....
Mobile: .....	Fax: .....
*Diagnosis ( <i>see note 2</i> ): .....	
.....	
Has the Member Association's Chief Medical Officer been notified of this request? Yes: <input type="checkbox"/> No: <input type="checkbox"/>	
Name of MA's Chief Medical Officer ( <i>see note 3</i> ): .....	

**23.1 TUE (Standard 2)**

Application No: .....  
(FITA office use only)

**3. Medication details** (see note 4)

Prohibited Substance(s):	Dose of administration	Route of administration	Frequency of administration
1.			
2.			
3.			

Anticipated duration of this medication plan	
--	--

Previous / Current TUE request(s): <input type="checkbox"/> yes <input type="checkbox"/> no
If yes: Date: .....
Anti-Doping Organization: .....
Result ( <i>attach previous TUE(s)</i> ): .....

If appropriate, reasons for not prescribing alternative therapies ( <i>see note 5</i> ): .....
.....
.....
.....

**4. Additional information**

Please note additional information and attach sufficient medical information to substantiate the diagnosis and the necessity to use a prohibited substance:

.....

.....

.....

.....

.....

# BOOK 1

## FITA CONSTITUTION AND RULES

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### 23.1 TUE (Standard 3)

Application No: .....  
(FITA office use only)

#### 5 Medical practitioner's and athlete's declaration

I, ..... certify the above-mentioned substance/s for the above-named athlete has been/are to be administered as the correct treatment for the above-named medical condition.

**Signature of Medical Practitioner:** ..... **Date:** .....

I, ..... certify that the information under 1. is accurate and that I am requesting approval to use a Substance or Method from the WADA Prohibited List. I authorize the release of personal medical information to the Anti-Doping Organization as well as to WADA staff and to the WADA TUEC (Therapeutic Use Exemption Committee) under the provisions of the Code. I understand that if I ever wish to revoke the right of the Anti-Doping Organization TUEC or WADA TUEC to obtain my health information on my behalf, I must notify my medical practitioner in writing of that fact.

**Athlete's signature:** ..... **Date:** .....

Parent's/Guardian's signature: ..... Date: .....  
(if the athlete is a minor or has a disability preventing him/her to sign this form, a parent or guardian shall sign together with or on behalf of the athlete)

#### 6. Notes:

<b>Note 1</b>	<b>Name, qualifications and medical specialty</b> For example: Dr AB Cook, MD FRACP, Gastro-enterologist.
<b>Note 2</b>	<b>Diagnosis</b> <i>Evidence confirming the diagnosis must be attached and forwarded with this application. The medical evidence should include a comprehensive medical history and the results of all relevant examinations, laboratory investigations and imaging studies. Copies of the original reports or letters should be included when possible. Evidence should be as objective as possible in the clinical circumstances and in the case of non-demonstrable conditions independent supporting medical opinion will assist this application.</i>
<b>Note 3</b>	<b>MA's Chief Medical Officer</b> <i>Where possible the Chief Medical Officer (CMO) of the sport involved should be notified of the application to the Anti-Doping Organization. When appropriate, the application should include a statement by the Medical Officer of the Athlete's national sport governing body, attesting to the necessity of the otherwise Prohibited Substance or Prohibited Method in the treatment of the athlete.</i>
<b>Note 4</b>	<b>Medication details</b> <i>Provide details concerning all prohibited substances or methods for which approval is sought. Use generic names (INN) and specify medication dose.</i>
<b>Note 5</b>	<i>If a permitted medication can be used in the treatment of the athlete's medical condition, please provide clinical justification for the requested use of the prohibited medication.</i>

**Incomplete Applications will be returned and will need to be resubmitted.**

**23.1 TUE (Standard 4)**

Application No: .....  
(FITA office use only)

Please submit the completed form to:

FITA – Attn Anti-Doping Administrator  
Avenue de Cour 135  
1007 Lausanne  
Switzerland

and keep a copy of the completed form for your records.

**7. TUEC Decision (for FITA office use only)**

Date Received:
----------------

Application Complete: <input type="checkbox"/> yes <input type="checkbox"/> no
--

Office Notes: ..... ..... ..... .....
--

Name of TUEC Representative(s): ..... .....
Signature(s): ..... .....
Date: .

# BOOK 1

## FITA CONSTITUTION AND RULES

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### 23.2 TUE (Abbreviated 1+2)

Application No: .....:  
(FITA office use only)



### THERAPEUTIC USE EXEMPTIONS

#### Abbreviated Process

(beta-2 agonists by inhalation, glucocorticosteroids by non-systemic routes)

I apply for approval from FITA for the therapeutic use of a prohibited substance on the WADA List of Prohibited Substances and Prohibited Methods that is subject to the Abbreviated Therapeutic Use Exemption Application Process.

**Please complete all sections**

#### 1. Athlete Information

Surname: .....	Given Names: .....	
Female <input type="checkbox"/> Male <input type="checkbox"/> ( <i>tick appropriate box</i> )		
Address: .....		
City: .....	Country : .....	Postcode: .....
Date of Birth (d/m/y): .....		
Tel. Work: .....	Tel. Home : .....	Mobile: .....
E-mail: .....	Fax: .....	
Sport: .....	Discipline/Position: .....	
Member Association: .....		
If athlete with disability, indicate disability: .....		

#### 2. Notifying medical practitioner

Name, qualifications and medical speciality ( <i>see note 1</i> ): .....	
Address: .....	
.....	E-mail address: .....
Tel. Work: .....	Tel. Home: .....
Mobile: .....	Fax: .....

#### 3. Medical information

Diagnosis: .....
Medical examination(s)/test(s) performed: .....
.....

Prohibited substance(s):	Dose of administration	Route of administration	Frequency of administration
Anticipated duration of this medication plan			

**Additional information**

.....

.....

.....

**4. Medical practitioner’s and athlete’s declaration**

I, ..... certify the above-mentioned substance/s for the above named athlete has been/are to be administered as the correct treatment for the above named medical condition. I further certify that the use of alternative medications not on the Prohibited List would be unsatisfactory for the treatment of the above named medical condition. Specify reasons:  
 .....

Signature of Medical Practitioner: ..... Date: .....

I, certify that the information under 1. is accurate and that I am requesting approval to use a Substance or Method from the WADA Prohibited List. I authorize the release of personal medical information to the Anti-Doping Organization as well as to WADA staff and to the WADA TUEC (Therapeutic Use Exemption Committee) as well as to other Anti-Doping Organizations under the provisions of the Code. I understand that if I ever wish to revoke the right of the Anti-Doping Organization TUEC or WADA TUEC to obtain my health information on my behalf, I must notify my medical practitioner in writing of that fact.

Athlete’s signature: ..... Date:.....

Parent’s/Guardian’s signature: ..... Date: .....

(if the athlete is a minor or has a disability preventing him/her to sign this form, a parent or guardian shall sign together with or on behalf of the athlete)

**Incomplete Applications will be returned and will need to be resubmitted.**

Please submit the completed form to: FITA – Attn Anti-Doping Administrator  
 Avenue de Cour 135  
 1007 Lausanne / Switzerland  
 (keep a copy of the completed form for your records).

# BOOK 1

## FITA CONSTITUTION AND RULES

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### 23.3 TUE (Certificate of Approval)

FITA Approval No: .....



### CERTIFICATE OF APPROVAL FOR THERAPEUTIC USE

The athlete has received approval for the use of the prohibited substance(s) listed below under the conditions stipulated in this document.

#### Athlete Details

Title: .....

Surname: ..... Given Names: .....

Date of Birth: ..... Sport: .....

**Prohibited Substance(s):** .....

Dose and method of administration: / .....

.....

Duration of approval: .....

Approval expiry date .....

Any specific conditions attached to this approval: .....

.....

.....

.....

**Attention athlete:** The dose, method and frequency of administration as prescribed by your physician have to be followed meticulously!

#### Authorization by FITA:

Name: Pr./Dr. X

Signature:

Date:

Phone number:

#### ATTENTION ATHLETE

Please carry a copy of this form with you at all times. This form should be presented to the doping control officer at the time of testing.

**24.1 DOPING CONTROL / CONTROLE ANTIDOPAGE**



**Doping Control Notification**  
*Notification de contrôle antidopage*

Please print clearly when filling in this form / *Veillez remplir ce formulaire en lettres majuscules*

EVENT:		Selection Criteria / <i>Critères de Sélection</i> RANDOM <input type="checkbox"/> OBLIGATORY <input type="checkbox"/>	
Surname / <i>Nom</i>		First name / <i>Prénom</i>	
Country / <i>Pays</i> □ □ □		Accreditation No / <i>N° d'accréditation</i> □ □ □ □ □ □ □ □ □ □ □ □	
Notification time / <i>Heure de notification</i> □ □ : □ □	Date / <i>Date</i>	Day / <i>Jour</i> □ □	Month / <i>Mois</i> □ □ / Year / <i>Année</i> / 200_
Required Reporting time / <i>doit se présenter à</i> □ □ : □ □	Date / <i>Date</i>	Day / <i>Jour</i> □ □	Month / <i>Mois</i> □ □ / Year / <i>Année</i> / 200_
Escort Name / <i>Nom de L'accompagnateur</i>		Accreditation No / <i>N° d'accréditation</i> □ □ □ □ □ □ □ □ □ □ □ □	

You have been selected for doping control. You are required to report to the Doping Control Station no later than one hour after receipt of this notification. You may be accompanied by one person. Failure to report for doping control within the given time limit and/or refusal to provide a sample may result in a sanction.

*Vous avez été désigné pour un contrôle antidopage. Veuillez vous présenter au poste de contrôle antidopage dans l'heure qui suit la réception de cette notification. Vous pouvez vous faire accompagner d'une personne accréditée. Votre non-présentation dans les délais impartis ou votre refus de fournir l'échantillon demandé pourra entraîner des sanctions.*

By signing this Doping control Notification you confirm that you have been notified of your selection and agree to appear as specified above.

*Votre signature a valeur d'accusé-réception de cette notification et confirme que vous êtes disposé à vous présenter au contrôle antidopage comme indiqué ci-dessus.*

\_\_\_\_\_  
**Signature Athlete / Signature du Concurrent**

I hereby confirm that I have notified the athlete of his/her selection for doping control / *Je confirme avoir notifié le concurrent de sa selection pour un contrôle antidopage*

\_\_\_\_\_  
**Signature Escort / Signature de l'accompagnateur**

Actual Reporting time / <i>s'est présenté à</i> □ □ : □ □	Date / <i>Date</i>	Day / <i>Jour</i> □ □	Month / <i>Mois</i> □ □ / Year / <i>Année</i> / 200_
<input type="checkbox"/> The athlete refused to sign the notification / <i>Le concurrent a refusé de signer la présente notification</i>			
<input type="checkbox"/> The athlete arrived after the required reporting time without approval / <i>Le concurrent est arrive après les délais impartis sans autorisation</i>			
Arrival time / <i>Heure d'arrivée</i> □ □ : □ □	Date / <i>Date</i>	Day / <i>Jour</i> □ □	Month / <i>Mois</i> □ □ / Year / <i>Année</i> / 200_
<input type="checkbox"/> The athlete failed to appear for the doping control / <i>Le concurrent ne s'est pas présenté au contrôle antidopage</i>			
Name Lead doping Control Officer / <i>nom de l'agent principal de contrôle antidopage</i>		Accreditation No / <i>N° d'accréditation</i> □ □ □ □ □ □ □ □ □ □ □ □	
Signature Lead Doping Control Officer / <i>agent principal de contrôle antidopage</i>		Signature FITA MC Representative / <i>Représentant de la CM FITA</i>	



### 24.2 Doping Control Official Record Procès-verbal de contrôle antidopage

Please print clearly when filling in this form / *Veillez remplir ce formulaire en lettres majuscules*

Surname / Nom		First name / Prénom			
Country / Pays	<input type="text"/>	Accreditation No / N° d'accréditation	<input type="text"/>		
Sport	Gender / Sexe	<input type="checkbox"/> Male / Masculin	<input type="checkbox"/> Female / Féminin		
<b>PARTIAL SAMPLE / ECHANTILLON PARTIEL</b>					
Time Sample Collected / Heure de production de l'échantillon	<input type="text"/> : <input type="text"/>	Date / Date	<input type="text"/> / <input type="text"/> / 200__		
Total volume / Volume total		Sample Code No / N° de code de l'échantillon	Partial Seal No / N° de sceau partiel		
<input type="text"/>		A/B <input type="text"/>	<input type="text"/>		
Signature Athlete / Signature du concurrent		Signature DCO / de l'agent de contrôle antidopage			
Time Sample Collected / Heure de production de l'échantillon	<input type="text"/> : <input type="text"/>	Date / Date	<input type="text"/> / <input type="text"/> / 200__		
Total volume / Volume total		Sample Code No / N° de code de l'échantillon	Partial Seal No / N° de sceau partiel		
<input type="text"/>		A/B <input type="text"/>	<input type="text"/>		
Signature Athlete / Signature du concurrent		Signature DCO / de l'agent de contrôle antidopage			
Time Sample collected / Heure de production de l'échantillon	<input type="text"/>	Date / Date	<input type="text"/> / <input type="text"/> / 200__		
Sample Code No / N° de code de l'échantillon	A/B <input type="text"/>	pH Reading / Lecture du pH	<input type="text"/> . <input type="text"/>		
		Specific Gravity / Poids spécifique	1.0 <input type="text"/>		
Medication taken during the last three days / médicaments pris au cours des trois derniers jours					
Name of Medication / Nom du/des médicaments	Date last taken / Dernière prise	Dosage / Dose	Name of Medication / Nom du/des médicaments	Date last taken / dernière prise	Dosage / Dose
Comments / Remarques					

All samples will be sent to the WADA accredited Laboratory. / *Tous les échantillons seront remis au laboratoire accrédité par l'AMA.*

Minor irregularities which cannot reasonably be considered to have affected the results of otherwise valid tests shall have no effect on such results. / *Des irrégularités mineures n'ayant pas faussé les résultats de contrôles valables seront tolérées.*

The undersigned hereby declare that the information on this form is complete and accurate. / *Je déclare que les renseignements indiqués sur ce formulaire sont complets et exacts.*

Signature Athlete / Signature du concurrent

Signature accompanying person /  
Signature de l'accompagnateur

Signature FITA MC representative /  
Signature du représentant de la CM FITA

Name Doping Control Officer (DCO) /  
Nom de l'agent de contrôle antidopage (ACA)

Signature Doping Control Officer /  
Signature de l'agent de contrôle antidopage (ACA)

Blue copy: FITA MC / Feuille bleu: CM FITA  
Pink copy: Athlete / Feuille rose: Concurrent  
Yellow copy: Laboratory / Feuille jaune: Laboratoire

**25 DOPING CONTROL TRANSPORT FORM**



**DOPING CONTROL TRANSPORT FORM / FICHE DE  
TRANSPORT DE CONTROLE ANTIDOPAGE**

**DEPARTURE / DÉPART**

From venue :

To WADA Laboratory in:

Departure Date /         Departure time /    
*Date de départ*    M/M M/M D/J D/J Y/A Y/A      *Heure de départ*

Serial No of sealed container with 'A' and 'B' Bottles :

- |         |         |         |
|---------|---------|---------|
| 1.....  | 16..... | 31..... |
| 2.....  | 17..... | 32..... |
| 3.....  | 18..... | 33..... |
| 4.....  | 19..... | 34..... |
| 5.....  | 20..... | 35..... |
| 6.....  | 21..... | 36..... |
| 7.....  | 22..... | 37..... |
| 8.....  | 23..... | 38..... |
| 9.....  | 24..... | 39..... |
| 10..... | 25..... | 40..... |
| 11..... | 26..... | 41..... |
| 12..... | 27..... | 42..... |
| 13..... | 28..... | 43..... |
| 14..... | 29..... | 44..... |
| 15..... | 30..... | 45..... |

**ARRIVAL / ARRIVÉE**

Arrival Date: /         Arrival time: /  :   
*Date d'arrivée*    M/M M/M D/J D/J Y/A Y/A      *Heure d'arrivée*

WADA Laboratory in:

Number of sealed containers with 'A' and 'B' Bottles: .....

\_\_\_\_\_  
 Signature of WADA Laboratory representative /  
*représentant du laboratoire AMA*

\_\_\_\_\_  
 Signature Courier /*coursier*

